## May 14, 2022 2 p.m.

## Our Wild Nature: A walk in the park with Judy Isacoff

Majestic trees, charming shrubs, blooming wildflowers!

Come learn about the rooted and foot loose in the fields and forest of the first half-mile of the Alander trail with Judy Isacoff of Nature's Turn.

Easy walking through uneven ground.

Juice and Cookies to be provided by the Mount Washington Council on Aging (COA)

(Hike starts from the Mount Washington State Forest Headquarters parking lot)



Shadbush in bloom in early and mid-May. Photo: Judy Isacoff



Mount Washington Cultural Council